

Connect with your preceptor

Ask your preceptor:

- What you are doing well
- Your areas for improvement
- Whether you are meeting expectations for your level in the MEP
- How you are fitting into the practice
- To help you set goals and discuss how you will both know if you have met them

Let your preceptor know:

- About your learning needs and approaches to teaching that work well for you
- If you feel your confidence is growing
- If you would benefit from more active teaching
- If your birth numbers are/are not meeting program expectations
- If you need assistance to achieve course expectations and competencies
- If you are struggling with anxiety about specific skills/competencies/evaluations

Reflect on your learning

Ask yourself:

- Do I welcome feedback?
- Do I need support to avoid feeling belittled or defensive when given feedback?
- Do I let my preceptor know my reflections about my areas for improvement?
- Am I taking responsibility for my learning – self study, organizing workshops, use course resources and reviewing with preceptors?
- Do I raise concerns to the person involved in a timely way?
- Do I seek timely support from the course tutor if needed?
- Do I need support to manage anxiety and take care of myself?
- Am I aware of expectations based on the course evaluation and Guide to Teaching, Learning and Assessment for Midwifery Preceptors and Student Midwives?

Connect with your student

Ask your student:

- If they understand the course expectations
- For feedback about their learning needs and about your approaches to teaching, feedback and evaluation
- If they understand what they are doing well and areas for improvement
- If they feel their confidence is growing /about their level of anxiety
- If they feel they belong in the practice and can join in practice discussions of clinical care
- If they are taking appropriate time off call for academic work and personal time
- If they have had any experiences they perceive as disrespectful, unkind or humiliating within the practice or at the hospital

Let your student know:

- If they are meeting/not meeting MEP expectations for the course
- That your goal is to support, inspire, mentor as well as give feedback and evaluation

Reflect on your teaching

Ask yourself:

- Am I an active teacher?
- Am I providing feedback in a respectful and timely way?
- Do I welcome feedback about my teaching?
- Do I treat students as individuals with their own learning needs and strengths?
- Do I actively support student study time and time off call?
- Do I actively support reasonable workload and any student accommodations?
- Do I find ways to make sure the student feels welcome in the practice?
- Do I inspire confidence and mentor as well as evaluate?
- Do I encourage the student to involve the course tutor to assist with challenges?
- Are my expectations based on the course evaluation and the Guide to Teaching Learning and Assessment for Midwifery Preceptors and Student Midwives?